



Almost half of all childhood deaths globally are related to malnutrition. In India the diet of the poorer population is high in carbohydrates and low in protein leading to stunting, suboptimal neurological and intellec-tual development and inability to repair tissue.

Proteins are the building blocks of all cells and are critical for production of antibodies, hormones, enzymes and even connective tissue. It helps store amino acids, helps in muscle movement, and is the vehicle to transport substances within the body. Adding protein is always beneficial to a substandard diet at any age.

Research has proved that there is a very strong relationship between Health, Nutrition and Education and a lack in any one field affects the other two factors. Our focus is overall nutrition and related education.







Our Mission

Nutrition for All - A world of communities with no undernourished people. We produce tasty, healthy snack bars for impoverished children.

Our Vision



The Bar

Happy Bar Nutrition promotes health for the mind, body and spirit. We donate delicious protein bars for the undernourished. Because many of these children have never received a gift, we wrap each bar with love and deliver a smile through our bubbly mascot Boing. It's more than a bar.



paid staff

volunteer staff

100%

of funds raised goes to the production of Happy Bars

7,150

children

297

adults

Number of Bars **Donated**

2014-15

2016-18

2019

2020 Goal

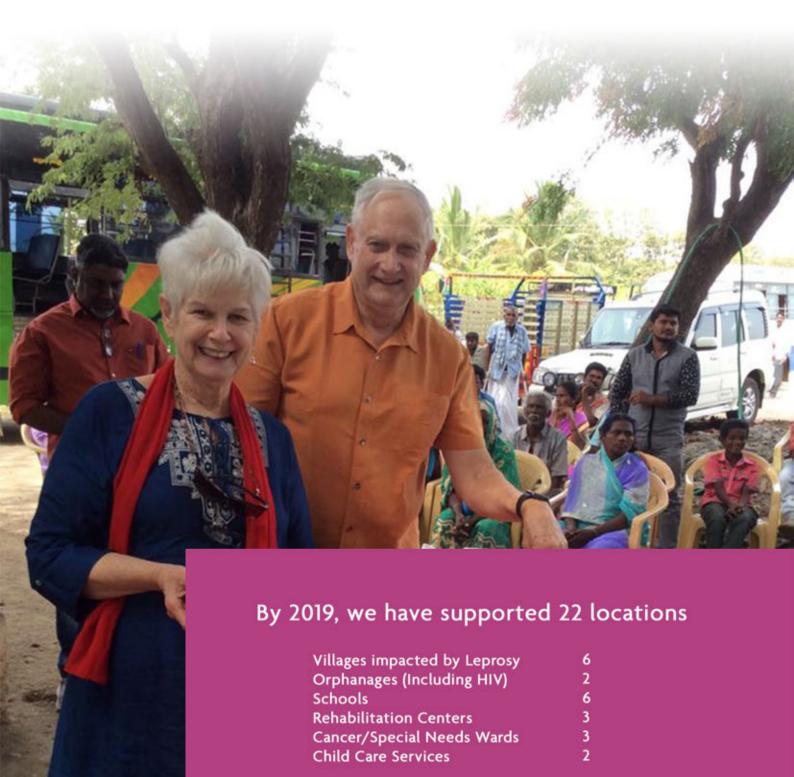
350,000 300,000 250,000 200,000

150,000

100,000

50,000

0



4 NUTRITIOUS HAPPY BARS DONATED FOR USD \$1

On behalf of the peoples lives you've changed, we thank you for your continued support and we hope you will help us make a difference to more lives in the years to come.

JOIN US.

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