

# Annual Report 2019

## Promoting Health

for the mind, body & spirit



Happy  
Bar

# HEALTHY SNACK BARS FOR THE UNDERNOURISHED

Almost half of all childhood deaths globally are related to malnutrition. In India the diet of the poorer population is high in carbohydrates and low in protein leading to stunting, suboptimal neurological and intellectual development and inability to repair tissue.

Proteins are the building blocks of all cells and are critical for production of antibodies, hormones, enzymes and even connective tissue. It helps store amino acids, helps in muscle movement, and is the vehicle to transport substances within the body. Adding protein is always beneficial to a substandard diet at any age.

Research has proved that there is a very strong relationship between Health, Nutrition and Education and a lack in any one field affects the other two factors. Our focus is overall nutrition and related education.





## Our Vision

Nutrition for All - A world of communities with no undernourished people. We produce tasty, healthy snack bars for impoverished children.

## Our Mission

Happy Bar Nutrition promotes health for the mind, body and spirit. Short term we provide nutritional snacks to needy populations especially children, the sick, and the aged. Long term we promote nutritional awareness and solutions to self-sustainability of food.

## The Bar

Happy Bar Nutrition promotes health for the mind, body and spirit. We donate delicious protein bars for the undernourished. Because many of these children have never received a gift, we wrap each bar with love and deliver a smile through our bubbly mascot Boing. It's more than a bar.

The number of recipients is accelerating and even more requests for Happy Bars are being received on a monthly basis



0

paid staff

7

volunteer staff

100%

of funds raised goes to the production of Happy Bars

7,150

children

297

adults

## Number of Bars Donated





By 2019, we have supported 22 locations

Villages impacted by Leprosy	6
Orphanages (Including HIV)	2
Schools	6
Rehabilitation Centers	3
Cancer/Special Needs Wards	3
Child Care Services	2

**4 NUTRITIOUS HAPPY BARS  
DONATED FOR USD \$1**

On behalf of the peoples lives you've changed, we thank you for your continued support and we hope you will help us make a difference to more lives in the years to come.

JOIN US.

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